

Errington Primary School wc 28.02.22; 21.03.22; 25.04.22; 16.05.22; 13.06.22; 04.07.22

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|--|
| MAIN CHOICES | ♥ Chicken & Vegetable Casserole (CG) | Sausage & Vegetable Hot Pot (CG, M) | ♥ Pepperoni & Tomato Pasta (CG) | Savoury Mince filled Yorkshire Pudding (CG, E, M) | Salmon Fish Fingers or Cod Fish Fingers (CG, F) Fish in Crispy Batter (CG, F) |
| VEGETARIAN OPTION | ♥ V Mixed Veggie Pasta (CG) Garlic Bread Slice (CG) | ♥ V Lentil Cottage Pie (potential M) | V Margarita Pizza Slice (CG, M) | ♥ V Five Spice Oriental Vegetable Noodles (CG, S) | V Veggie Burger in a Bun (CG) |
| POTATOES & VEGETABLES | Champ Mash (M) Fresh Carrots Green Beans | Roasted fresh Root Vegetables Garden Peas | Garlicky Sweet Potato Wedges Baked Beans Sweetcorn Kernels | Mash Potatoes (may M) Fresh Carrots Broccoli | Chipped Potatoes Mushy Peas Fresh Herb Salad Curry Sauce (may CG, M) |
| <p>Fresh Garden Salad and homemade Coleslaw as an alternative to vegetables Baked Potatoes including Cheese, Baked Beans, Tuna - Sandwiches made fresh on site, including Ham, Cheese, Tuna Salads - crisp and fresh, including lettuce, carrot, peppers, spinach, tomato, cucumber, plus Ham, Cheese, Tuna, Hardboiled Egg</p> | | | | | |
| DESSERT | V Chocolate Sponge (CG, E) & V Custard (M) | V Fruit topped Cheesecake (CG, M may E) | V Frosted Carrot & Orange Cake (CG, E) | V Fruity Oat Crumble (CG) & V Custard (M) | V Courgetti Cake (CG, E) & V Custard (M) |
| <p>Fresh Cut Fruit, Sugar Free Jelly and Yoghurts</p> | | | | | |
| <p>ALSO AVAILABLE DAILY - Freshly baked Crusty Bread & Sliced Whole meal Bread - Veggie Sticks including Carrot, Cucumber, Celery, Red Pepper SPECIAL DIET REQUIREMENTS - Please speak to our Catering Manager regarding your specific dietary needs</p> | | | | | |



FOOD ALLERGIES AND INTOLERANCES

Before choosing your meal, please speak to a member of the catering staff about your requirements

Celery C, Cereals containing Gluten CG, Crustaceans C, Eggs E, Fish F, Lupin L, Milk M, Molluscs M, Mustard M, Nuts N, Peanuts P, Sesame Seeds SS, Soya S, Sulphur Dioxide SD

♥ Healthier Option 🌿 Vegan V Vegetarian
 🌾 Contains Wholewheat/Wholegrain